

# BASARICH CHIROPRACTIC, INC.

*Upper Cervical Chiropractic, Your Lifeline to a Quality Life*

Name \_\_\_\_\_ Date \_\_\_\_\_  
Address \_\_\_\_\_ City/Zip \_\_\_\_\_  
Cell \_\_\_\_\_ Work \_\_\_\_\_ Home Phone \_\_\_\_\_  
The Best Number To Contact: (Cell Work Home) Don't Call after \_\_\_\_\_ pm  
E-mail Address \_\_\_\_\_ S.S.# \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
Occupation \_\_\_\_\_ Employer \_\_\_\_\_ Birth Date \_\_\_\_\_  
Marital Status: Single/Married/Divorced/Widowed Spouse/Partner's Name \_\_\_\_\_  
Children – Names/Ages \_\_\_\_\_  
Who Referred You To Our Office? \_\_\_\_\_  
Past Chiro Care? Y / N Dr's Name \_\_\_\_\_ Last Visit \_\_\_\_\_  
Current Medical Care? Y / N Reason \_\_\_\_\_  
Current Drugs/Meds \_\_\_\_\_  
Reason for consulting our office \_\_\_\_\_  
Is your reason related to Job/Sports/Auto/Fall/Chronic Discomfort/Home Injury/Other \_\_\_\_\_  
If job related, have you reported your accident to your employer? Y/N Report Date \_\_\_\_\_  
When did condition begin? \_\_\_\_\_ Has the condition Gotten Worse/Stayed Constant/Comes & Goes  
Does this condition interfere with Work/Sleep/Daily Routine/Other Activities \_\_\_\_\_  
Has this condition occurred in the past? Y/N Explain \_\_\_\_\_  
Have you seen a doctor for this condition? Y/N Dr's Name \_\_\_\_\_  
Type of Treatment \_\_\_\_\_ Results \_\_\_\_\_  
**Health Habits:** Smoke Y/N \_\_\_\_\_ packs/day Alcohol Y/N \_\_\_\_\_ drinks/day Coffee \_\_\_\_\_ cups/day  
Water \_\_\_\_\_ ounces/day Exercise Y/N Rarely/Moderate/Almost Daily Stress Level Low /Moderate/High  
Diet/Nutrition Unhealthy/Mediocre/Healthy Do you wear Heel Lifts/Sole Lifts/Inner Soles/Arch Supports  
**Emergency Contact** Name \_\_\_\_\_ Relationship \_\_\_\_\_  
**Emergency Contact numbers** Work \_\_\_\_\_ Phone \_\_\_\_\_ Cell \_\_\_\_\_

## PLEASE DESCRIBE YOUR CURRENT GOAL FOR YOUR HEALTH & WELL-BEING.

- I am only concerned about relief of a particular symptom.
- I am only concerned about relief of a particular symptom, and preventing its return.
- I want to perform at my highest possible level.

Level of commitment: Low - 1 2 3 4 5 6 7 8 9 10 - HIGH

## FINANCIAL POLICY

*I understand that all services are to be paid in full at the time of service*

Signature \_\_\_\_\_ Date \_\_\_\_\_

# PERSONAL HISTORY

THE HUMAN BODY IS DESIGNED TO EXPRESS HEALTH AND FUNCTION NORMALLY. HOWEVER, EVENTS MAY OCCUR IN LIFE, WHICH CAN INTERFERE WITH THIS NATURAL ABILITY. THIS INTERFERENCE IS MOST COMMONLY CAUSED BY **VERTEBRAL SUBLUXATIONS.**

THESE SUBLUXATIONS ARE SPINAL JOINTS NOT WORKING PROPERLY AND INTERFERING WITH TRANSMISSION OF MENTAL (NERVE) IMPULSES. SINCE NORMAL BODY FUNCTION IS GOVERNED BY THESE MENTAL IMPULSES, INTERFERENCE CAN BE CRITICAL TO YOUR HEALTH AND WELL BEING.

ANY STRESS TO WHICH YOUR BODY CANNOT ADAPT MAY CAUSE THESE SUBLUXATIONS. THESE STRESSES MAY BE PHYSICAL, CHEMICAL, OR EMOTIONAL IN NATURE. THE PRACTICE OF CHIROPRACTIC IS BASED ON THE LOCATION AND REDUCTION OF NERVE INTERFERENCE CAUSED BY THE **VERTEBRAL SUBLUXATION.**

Please check any that you are experiencing or have experienced in the past. Although it may seem unrelated to the purpose of your visit, they can affect the overall diagnosis, care plan and the possibility of being accepted for care.

- |  |  |  |   |
|--|--|--|---|
| <input type="checkbox"/> Headaches (Severe & Frequent) | <input type="checkbox"/> Numbness in Legs          | <input type="checkbox"/> Fainting                | <input type="checkbox"/> Diarrhea                       |
| <input type="checkbox"/> Vision Problems               | <input type="checkbox"/> Numbness in Fingers       | <input type="checkbox"/> Tension                 | <input type="checkbox"/> Constipation                   |
| <input type="checkbox"/> Eyes sensitive to Light       | <input type="checkbox"/> Numbness in Toes          | <input type="checkbox"/> Nervousness             | <input type="checkbox"/> Irritable Bowel Syndrome (IBS) |
| <input type="checkbox"/> Sinus Problems                | <input type="checkbox"/> Pins & Needles in Arms    | <input type="checkbox"/> Irritability            | <input type="checkbox"/> Arthritis                      |
| <input type="checkbox"/> Loss of Smell                 | <input type="checkbox"/> Pins & Needles in Legs    | <input type="checkbox"/> Depression              | <input type="checkbox"/> Diabetes                       |
| <input type="checkbox"/> Loss of Taste                 | <input type="checkbox"/> Poor Circulation in Hands | <input type="checkbox"/> Cold Sweats             | <input type="checkbox"/> Thyroid Problems               |
| <input type="checkbox"/> Dizziness                     | <input type="checkbox"/> Poor Circulation in Feet  | <input type="checkbox"/> Fever                   | <input type="checkbox"/> Shingles                       |
| <input type="checkbox"/> Vertigo                       | <input type="checkbox"/> Sleeping Problems         | <input type="checkbox"/> Heart Attack/Stroke     | <input type="checkbox"/> Hepatitis                      |
| <input type="checkbox"/> Ringing/Buzzing in Ears       | <input type="checkbox"/> Back Pain                 | <input type="checkbox"/> Congenital Heart Defect | <input type="checkbox"/> Cirrhosis of the Liver         |
| <input type="checkbox"/> Ear Infection                 | <input type="checkbox"/> Chest Pain                | <input type="checkbox"/> Heart Surgery           | <input type="checkbox"/> Kidney Problems                |
| <input type="checkbox"/> Frequent Neck Pain            | <input type="checkbox"/> Difficulty Breathing      | <input type="checkbox"/> Heart Surgery/Pacemaker | <input type="checkbox"/> Epilepsy                       |
| <input type="checkbox"/> Stiff Neck                    | <input type="checkbox"/> Shortness of Breath       | <input type="checkbox"/> Heart Murmur            | <input type="checkbox"/> Rheumatic Fever                |
| <input type="checkbox"/> Pain in Arms/Hands            | <input type="checkbox"/> Loss of Balance           | <input type="checkbox"/> High/Low Blood Pressure | <input type="checkbox"/> Cancer                         |
| <input type="checkbox"/> Pain in Legs/Feet             | <input type="checkbox"/> Loss of Memory            | <input type="checkbox"/> Tuberculosis            | <input type="checkbox"/> Anemia                         |
| <input type="checkbox"/> Numbness in Arms              | <input type="checkbox"/> Fatigue                   | <input type="checkbox"/> Asthma                  | <input type="checkbox"/> Psychiatric Problems           |

Please tell us about any stress associated with your BIRTH (i.e. difficult delivery, drugs during labor, pre-natal ultrasound) Please be complete. \_\_\_\_\_

Please tell us about any stress associated with your childhood (i.e. falls, frequent illness/drugs). Please answer the questions - *What, When and How* and be complete. \_\_\_\_\_

Please tell us about any more recent stress or trauma (i.e. work stress, auto injuries, other trauma, illness/drugs). Please answer the questions - *What, When and How* and be complete. \_\_\_\_\_

Do you have ANY other health concerns, however unrelated they might be? \_\_\_\_\_

**For Women Only:** Are you within 10 days of your last menstrual cycle? Y/N Are you pregnant? Y/N  
Are you nursing? Y/N Are you on birth control? Y/N Do you experience painful periods? Y/N  
Do you have irregular cycles? Y/N